

May

2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

3 MAY	Understanding FASD 9am - 12pm
5 MAY	Down's Syndrome 9am - 3.30pm
10 MAY	Dyslexia 9am - 12pm
10 MAY	FREE Autism Phase 1 9am - 12pm
19 MAY	Trauma-Informed Practice 9am - 3.30pm
26 MAY	Autism Phase 2 9am - 3.30pm

Children with FASD may have difficulties with memory, attention, and impulse control.

Providing clear and consistent routines and visual aids can help them navigate daily activities more effectively.

June

2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

9 JUNE	Autism Phase 3 9am – 3.30pm
12 JUNE	SLCN 9am – 12pm
16 JUNE	Attachment 9am – 12pm
19 JUNE	Improving SEND Practice 9am – 3.30pm
27 JUNE	ADHD 9am – 12pm
28 JUNE	Sensory Processing 9am – 3.30pm
30 JUNE	Autism Phase 2 9am – 3.30pm

Create a sensory-friendly environment by offering calming spaces or sensory breaks when needed.



Establish predictable routines and clear visual schedules to help children with autism feel more secure and reduce anxiety.

July

2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

3 JULY	Pathological Demand Avoidance 9am - 12pm
7 JULY	Autism Phase 1 3.30pm - 5pm
10 JULY	Down's Syndrome 9am - 3.30pm
17 JULY	Teaching Positive Behaviour: Phase 2 9am - 3.30pm
19 JULY	Attachment 9am - 12pm
24 JULY	Autism Phase 2 9am - 3.30pm

Children with Down's Syndrome may benefit from multi-sensory teaching techniques.



Encourage independence by promoting self-help skills and providing opportunities for social interaction and inclusion with peers.

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

6 SEP	ADHD 9am - 12pm
8 SEP	Autism Phase 3 9am - 3.30pm
13 SEP	SLCN 9am - 12pm
15 SEP	Sensory Processing 9am - 3.30pm
20 SEP	Understanding FASD 9am - 12pm
22 SEP	Down's Syndrome 9am - 3.30pm
27 SEP	Dyslexia 9am - 12pm
29 SEP	Raising Awareness for Mental Health 9am - 3.30pm

Teach mindfulness techniques, deep breathing exercises, or other self-regulation strategies to help students manage stress, anxiety, or overwhelming emotions.



Foster positive relationships by offering opportunities for connection, such as one-on-one time, mentorship, or therapeutic activities.

October 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2 OCT	Pathological Demand Avoidance 9am - 12pm
4 OCT	Autism Phase 2 9am - 3.30pm
6 OCT	Trauma-Informed Practice 9am - 3.30pm
11 OCT	ADHD 9am - 12pm
16 OCT	Teaching Positive Behaviour: Phase 2 9am - 3.30pm
18 OCT	Attachment 9am - 12pm
20 OCT	Improving SEND Practice 9am - 3.30pm



Instead of giving direct commands to children with PDA, offer choices and suggestions to empower the child and provide them with a sense of autonomy.

Incorporate hands-on, interactive activities and incorporate their special interests into lessons to enhance motivation and engagement.